

Snack Ideas

GRAB & GO

CHEESE STICKS
APPLESAUCE
CEREAL IN A BAG
MINI WHEATS
CHEERIOS, KIX
GRANOLA BARS
SNACK BAGS
GOLDFISH, VEGGIE STRAWS,
PRETZELS, WHEAT THINS,
ANIMAL CRACKERS,
GRAHAM CRACKERS
FRUIT SNACKS

FUN FOR KIDS

POPCORN-PLAIN OR FLAVORED
APPLE SANDWICHES
CHIPS AND DIP
HARD BOILED EGG
SWEET POTATO FRIES
ZUCCHINI CHIPS
RICE CAKES
TRAIL MIX
MINI PANCAKES
QUARTER WAFFLES
FROZEN BANANA TREAT
KABOBS
POPSICLES

HEALTHY

ENERGY BITES
GREEN SMOOTHIES
VEGGIES AND DIP
CHERRY TOMATOS
BELL PEPPERS, CARROTS
CUCUMBERS, BROCCOLI
DIP-HUMMUS OR RANCH
GUACAMOLE
BERRIES AND NUTS
BLUEBERRIES
STRAWBERRIES
FRUIT BOWL
ORANGES, BANANAS,
GRAPES, APPLES
DRIED FRUIT
BANANA CHIPS
COTTAGE CHEESE

MINI MEALS

GRANOLA AND FRUIT
YOGURT
QUESADILLAS
MINI BAGEL WITH CREAM CHEESE
GRILLED CHEESE
MINI PIZZAS
BRUSCHETTA
FROZEN YOGURT
MILKSHAKE
MAC AND CHEESE
ROLLS WITH HAM AND CHEESE
PEANUT BUTTER AND JELLY
EGG BURRITO
MUFFINS